



NEWSLETTER

Possible health risk from dirty air ducts



Like it or not, we are coming into the heating season! Be aware that Indoor Air Quality (IAQ) can be substantially worsened from dirty air ducts and other air distribution components. Think about dust buildup on floors, furniture, and other surfaces in your home. It seems like within a few weeks clumps of dust buildup and need to be vacuumed. Now think about your air ducts. They probably haven't been cleaned since they were installed. Dust buildup is inevitable! And where there is dust, there is a potential for degradation of indoor air quality. Dust can Harbor all kinds of things that we don't even like to think about, such as dust mites, mold, bacteria, and even viruses. According to the EPA "there are examples of ducts that have become badly contaminated with a variety of materials that may pose risks to your health. The duct system can serve as a means to distribute these contaminants throughout a home."

However, before you hire somebody to clean your system, we recommend that you have an HVAC (Heating Ventilation and Air Conditioning) contractor evaluate your air distribution system in order to determine if it makes sense to have your system cleaned. Here's an excellent in-depth article from the EPA which provides a lot of information that you should consider. <https://www.epa.gov/indoor-air-quality-iaq/should-you-have-air-ducts-your-home-cleaned>

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