



# NEWSLETTER



## AIR CONDITIONING AND DEHUMIDIFICATION

**Most people think of cooling when it comes to air conditioners. But the other main benefit of air conditioning is dehumidification. Air conditioning produces cooling and dehumidification; both are significant benefits.**

**The cooling benefit is predominantly related to comfort. The dehumidification benefit includes comfort and protection against mold and mildew.**

**By the way, sometimes the air conditioning system is too powerful and therefore doesn't have much runtime. When the system is too powerful, it cools the space too quickly, so it doesn't have enough time to provide sufficient dehumidification. This makes it feel "clammy".**

**So, the moral of the story is to have a properly sized air conditioning system installed by a licensed and qualified air conditioning contractor so that the system provides proper cooling and air conditioning.**

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